

*What do mental health
nurse early graduate
programs across
Victoria look like?*



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with thanks to Bridget Hamilton and
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Advancing mental health practice



Survey of Mental Health Nurse Early Graduate Programs

This presentation provides a ‘snapshot’ of the current mental health nurse EGPs offered across Victoria.

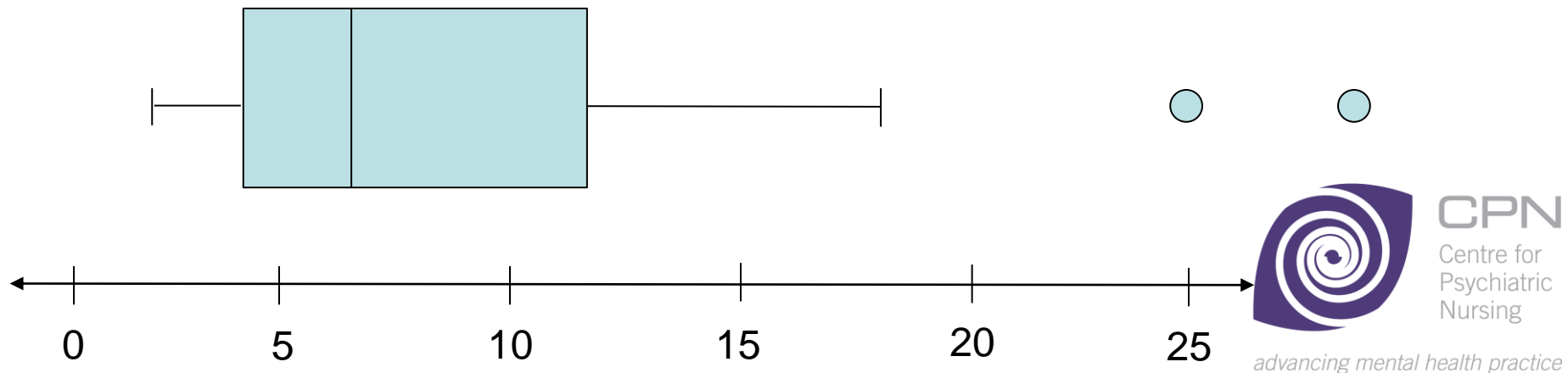
The data relates to the 2017 intake.



EGP places & applicant numbers

How many MH specific EGP places were offered in your program in 2017?

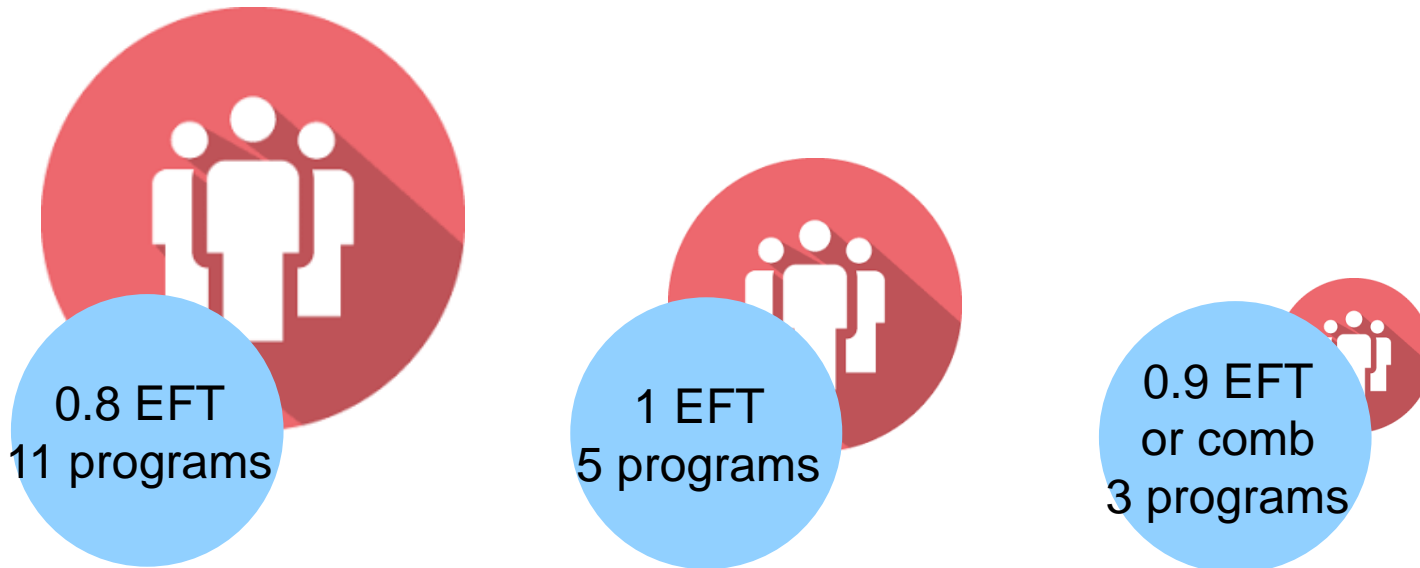
Median	IQR	Minimum	Maximum
6.5	4 - 12	2	28





Graduate EFT

EFT of the graduates appears to be determined largely by the program itself, not by individual graduates.





Rotations & supernumerary days

What work areas within your MHS are graduates placed in their graduate program?

Acute adult inpatient setting	17
High dependency unit / High support area etc.	11
Community residential (e.g. CCU [†] , PARC [‡])	11
Aged inpatient setting	9
Adult community	8
Secure extended care unit	5
Aged community	5
CYMHS [§] inpatient setting	4
Parent infant inpatient setting (mother/baby unit)	3
Eating disorders inpatient setting	3
CYMHS [§] community	3

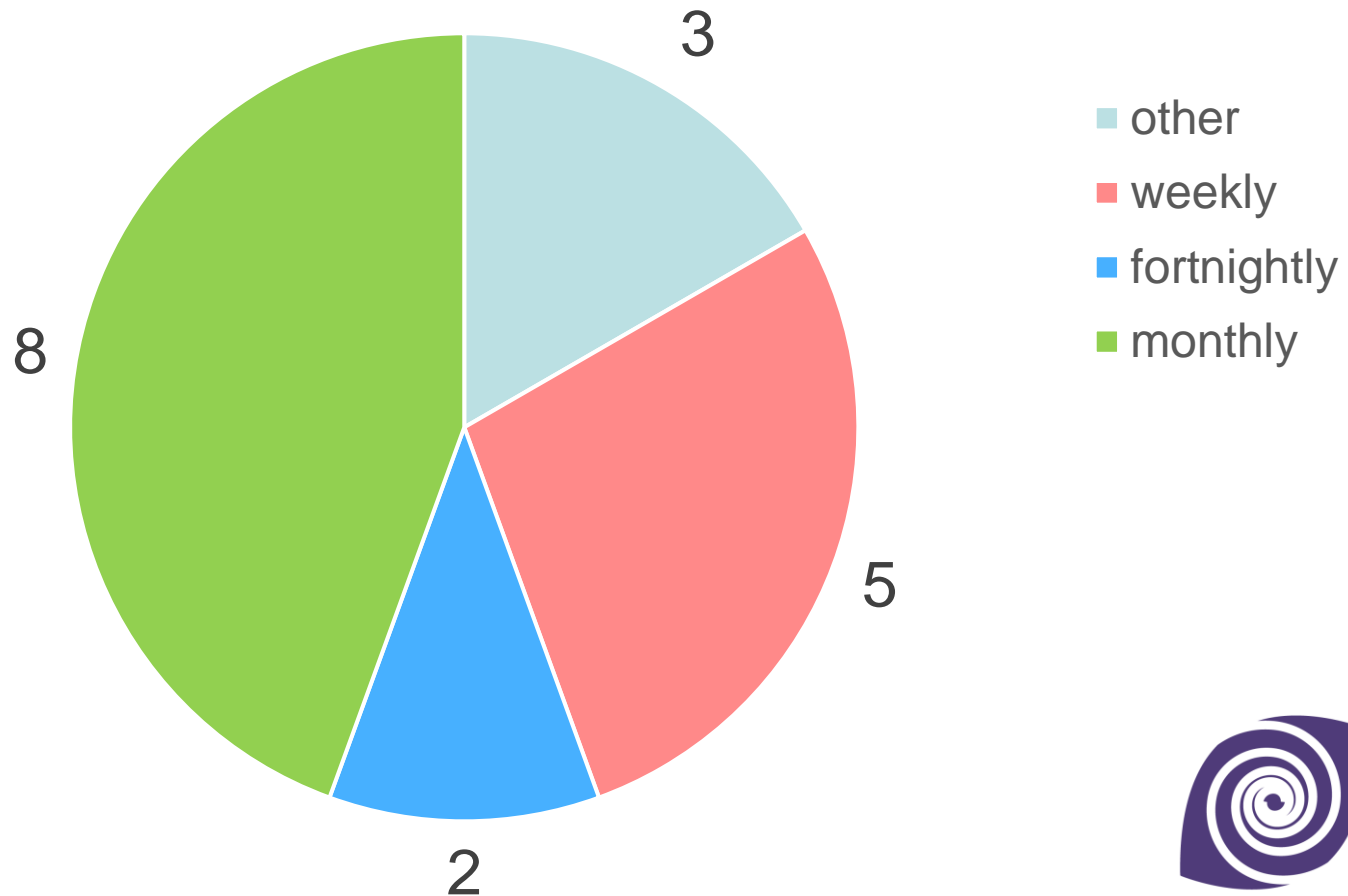


Support

- Preceptors
- Graduate coordinators
- Meetings
- Clinical supervision

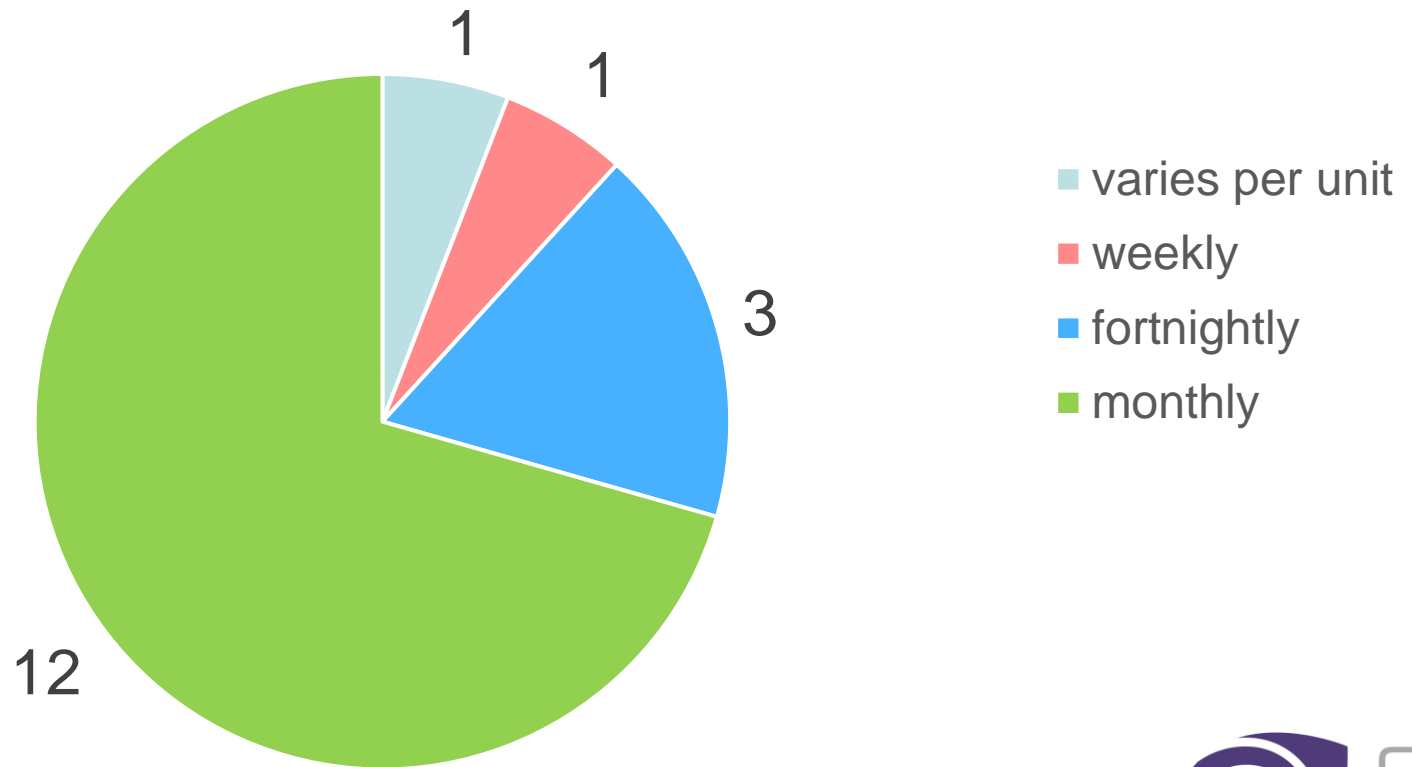


How frequently do graduates formally meet with the graduate co-ordinator?



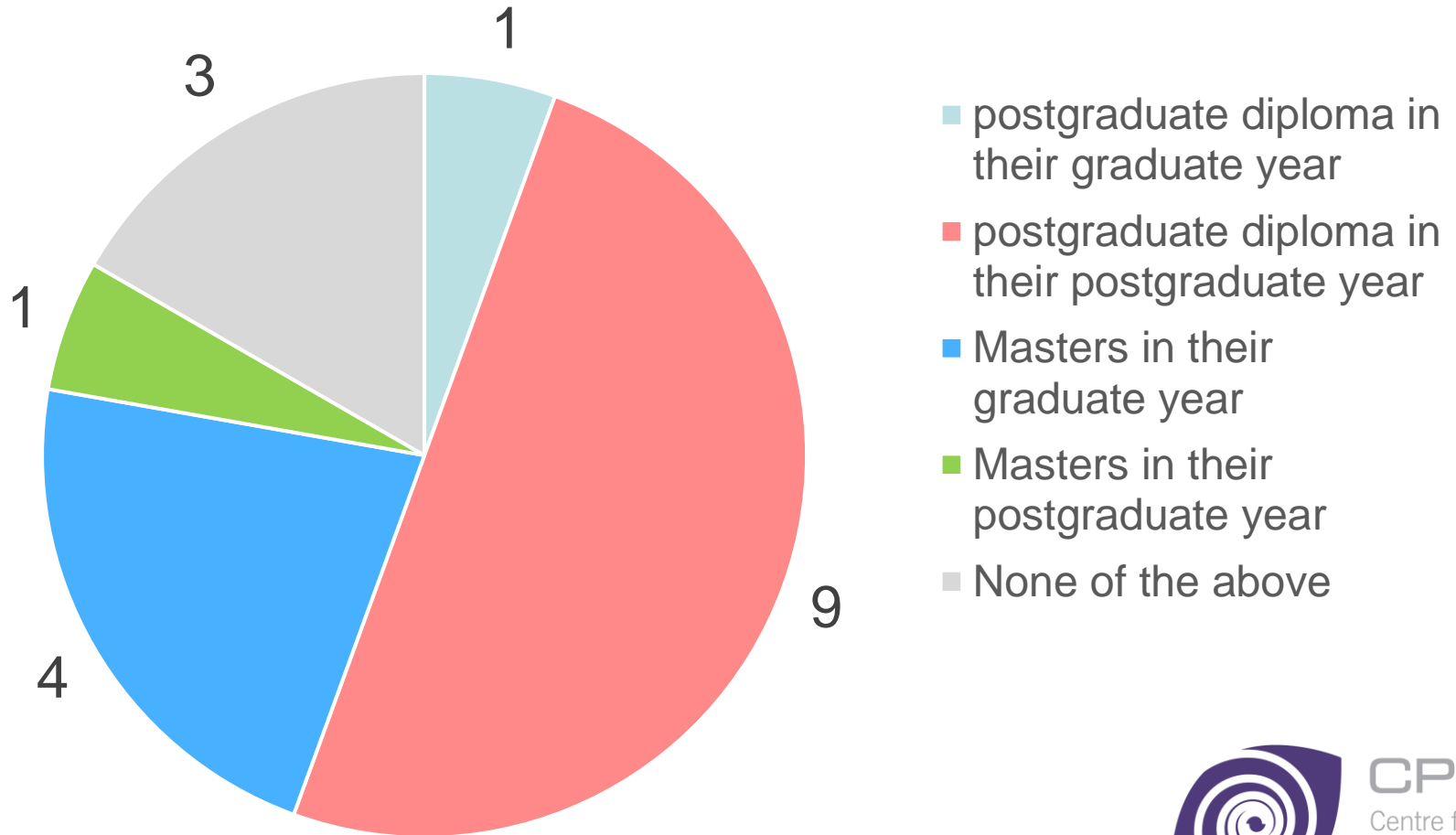


Clinical supervision frequency





Are your MH graduate nurses expected to enrol in the following?

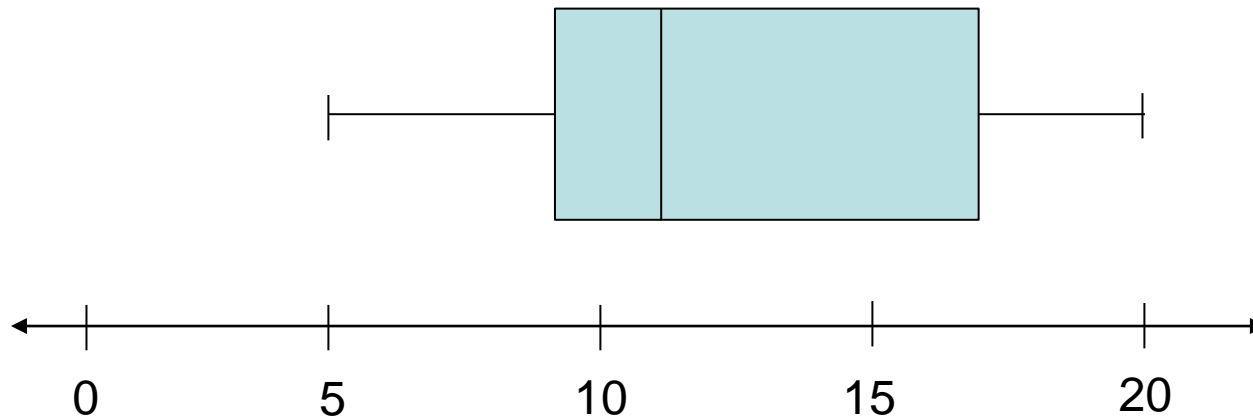




Study days

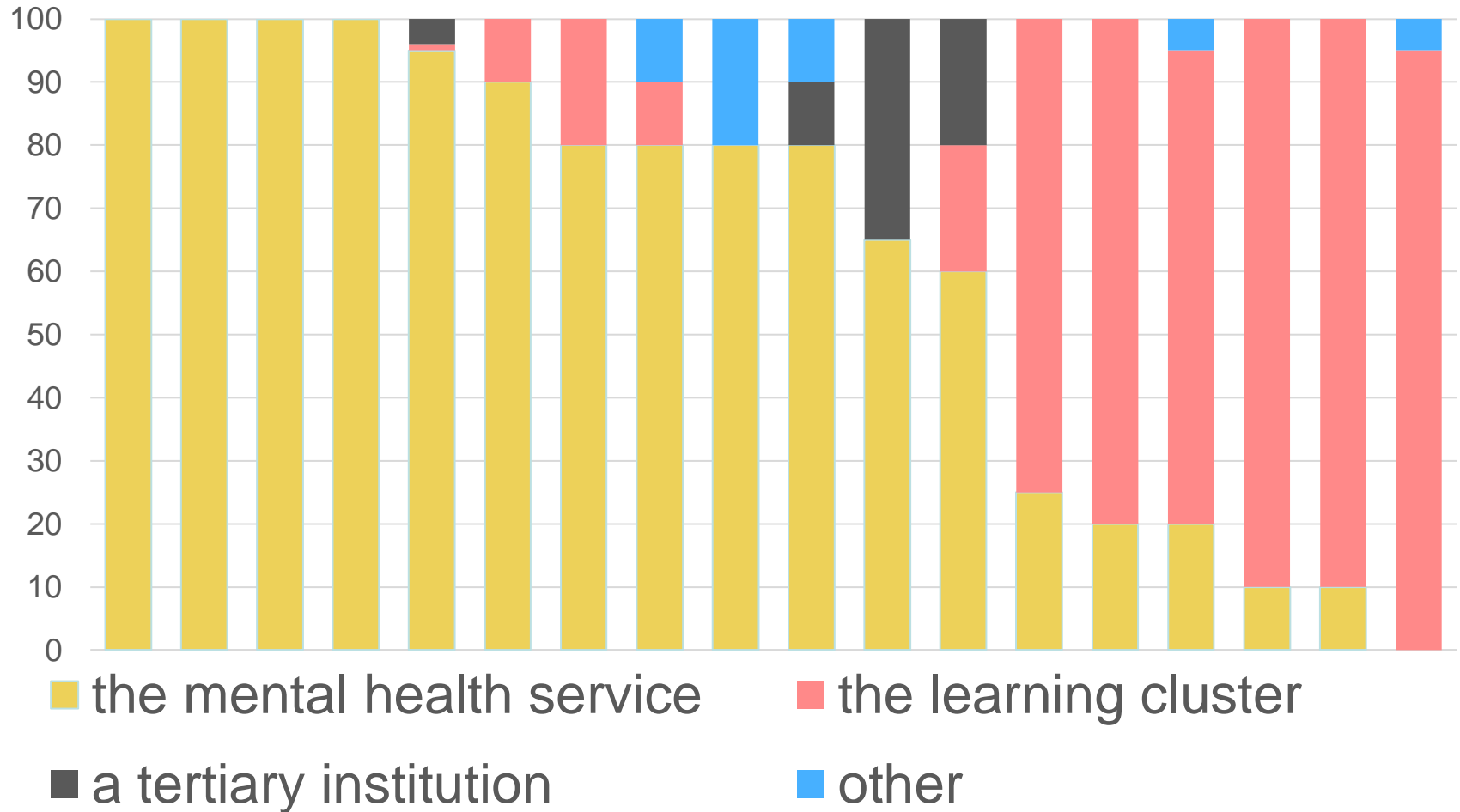
How many study days are provided to graduates (excluding orientation and supernumerary days)?

Median	IQR	Minimum	Maximum
11	9 - 17	5	20





Provider of study days' content



Topics	
Mental Health Act 2014	18
mental state examination	18
risk assessment	18
aggression management / deescalation	18
documentation	17
break aways & escapes	17
holds & restraints	17
psychopharmacology	17
recovery-oriented practice	17
drug & alcohol use and MH (dual diagnosis)	16
suicide intervention/prevention	16
personality disorders	16
clinical supervision	15
families & carers	15
physical health of people with a mental illness	15
reducing restrictive interventions	14
nominated persons & advance statements	14
sensory modulation	14
therapeutic engagement	14
consumer perspective	14
gender sensitive practice	13
supported decision making	13

Topics	
schizophrenia	13
bipolar disorder	13
anxiety & depression	13
basic life support (BLS)	13
child & youth mental health	11
aged mental health	11
LGBTI mental health	11
diagnostic classifications	11
formulation	10
mindfulness	10
ECT	9
Aboriginal mental health	9
eating disorders	9
clinical supervision	9
introduction to Cognitive Behaviour Therapy (CBT)	8
introduction to Solution Focussed Brief Therapy (SFBT or SFT)	8
introduction to Acceptance & Commitment Therapy (ACT)	7
other (please specify)	5
introduction to Dialectical Behaviour Therapy (DBT)	4
triage scale	3
intellectual disability & MH (dual disability)	1



Hurdle tasks

Risk
assessment

ECT

MSE

And more...

Psycho-
pharmacology
learning
package

Discharge

Clinical
portfolio

Running
groups

Admission
process

Handover



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Assessable tasks

Essays

Assignments

Reflective
journal

And more...

Case studies

Exams

Health
promotion
activity

Presentations

Research

Medication
tasks



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Non-completion of grad year

How many graduates did not complete the graduate year in...		TOTAL
	2015	9
	2016	14



Methods used to retain nurses who complete the graduate program:

Attractive learning and development opportunities	12
Flexible work arrangements	11
Higher duties opportunities	10
Transition programs	8
Secondment into other roles	7
Promotion into senior roles or management	2
other	5



Conclusion

- Similarities!!!
- Completion & retention
- Comprehensive
(*“consolidate your nursing skills”*)