

Transitioning to Trauma and Violence Informed Care

Embedding cultural change at The Women's

By: Clare Manning,
Director Social Model of Health

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the women's
the royal women's hospital



*The Women's
provides specialist
maternity, neonates
and women's health
care to women
across the state of
Victoria*



*87% of our
workforce are
women across
clinical and non
patient facing roles*



The Women's has been the Statewide lead for the past 10 years - Strengthening Hospitals Response to Family Violence

Trained approx. 2000 staff in recognising and responding to signs of family violence

Practice continuum for Trauma and Violence Informed Care (TVIC):

1. Trauma and Violence Aware

Staff understand trauma, its prevalence and TVIC principles

2. Trauma and Violence Sensitive

Some aspects of TVIC are operationalised by the hospital

3. Trauma and Violence Responsive

Staff and hospital responses enable changes in behaviour and strengthen resilience and protective factors

4. Trauma and Violence Informed

The culture of the hospital is Trauma and Violence Informed

Trauma

The norm, not the exception



75% of Australians

will experience a traumatic event in their lifetime

Why Trauma and Violence Informed Care?

- Trauma is the norm, not the exception



At the heart of a trauma are two key components:

- a loss of control
- and a loss of trust (either in a person or a system and structure)



...and when we go into hospital the same two key components are present

The strengths....



E-learning training package

Principles of
Trauma and
Violence Informed
Care

Interactive
learning

Staff self care

Scenarios

Trauma and
Violence Informed
Care video



Learn more about trauma and violence informed care

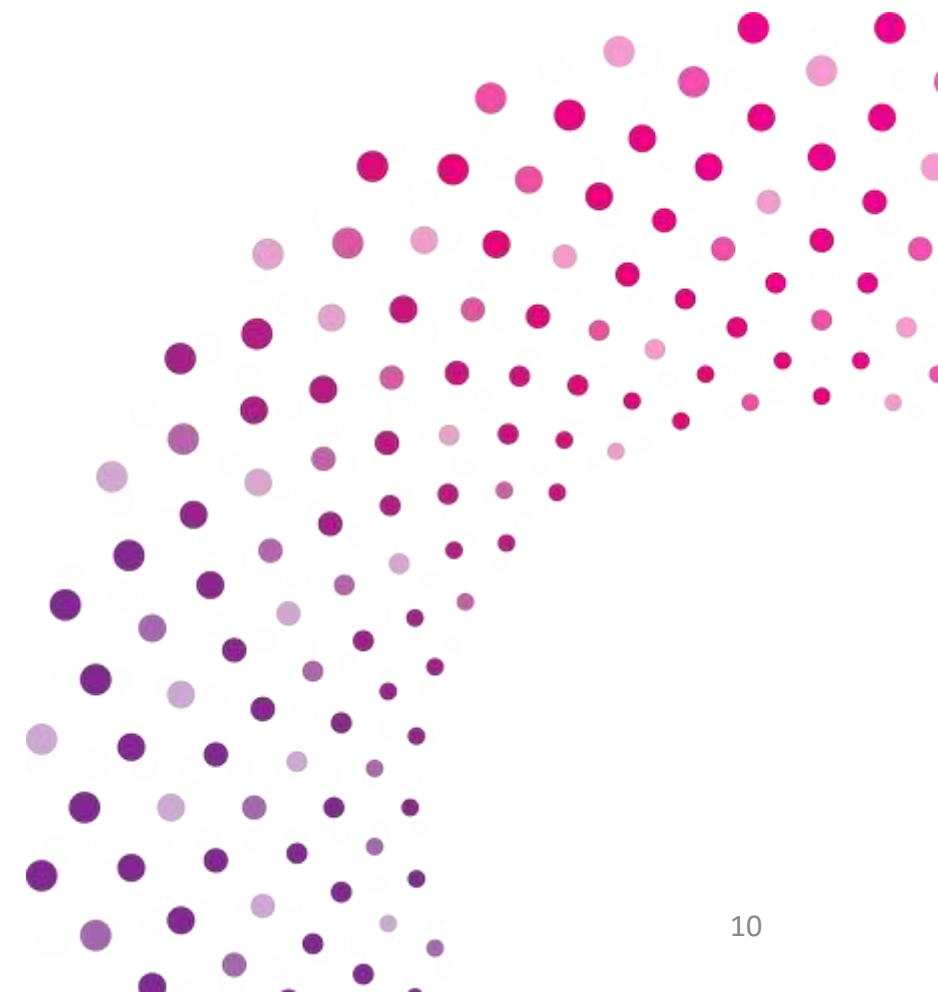
Complete the introductory training 'Making Care Easier: Trauma and Violence Informed Care'.

- Enhance your understanding of trauma
- Incorporate principles into practice
- Relevant to all clinical and non-clinical staff



Scan the QR code or visit WISE:

wise.thewomens.org.au/course/view.php?id=470





Personal Protective Equipment (PPE)
Education

Enrolled



Baby Friendly Health Initiative at the
Women's



Health Literacy - Improving
outcomes for our patients and
visitors



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Healthy Eating in Pregnancy



Making Care Easier: Trauma and
Violence Informed Care

Enrolled



MARAM Foundational Practice
Family Violence e-learning Module

Enrolled



MARAM Intermediate Family
Violence Training

Enrolled



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Psychological Wellbeing



Teach-back: a simple yet effective
communication tool



Victorian Allied Health Clinical
Supervision Modules



Welcome to Health Hub

Completed

Development of Trauma and Violence Informed Care videos

- **Family Violence Trauma and Violence Informed Care Videos**
- Video 1 - <https://youtu.be/32IKc8OWsMA>
- Video 2 - <https://youtu.be/EmHmkgOdsi0>
- **Female Genital Cutting Trauma Informed Care Videos**
- Introduction to FGC | For health professionals | FARREP Video 1 <https://youtu.be/Cpbwjd69ego>
- Asking about FGC | For health professionals | FARREP Video 2 <https://youtu.be/VWH3xfPqpqY>

E-learning package is available by request at
SHRFV@thewomens.org.au

Our next steps

- Continued internal and external promotion
- Continued collaboration and sharing of e-learning resources
- Ongoing development of videos on the Women's learning platform
- Moving toward next stage of continuum of becoming Trauma and Violence Responsive and Informed

Thankyou

thewomens.org.au

For more information, contact:

Clare Manning

Ph: 0407152352 | Email: claremanning@thewomens.org.au

or visit thewomens.org.au/xxxxxx



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