



THE UNIVERSITY OF  
MELBOURNE

# Centre for Health, Exercise and Sports Medicine Masters by Research (MPhil)/PhD Opportunity



## Opportunity

A PhD or MPhil project is available to enhance the therapeutic effects of exercise for one of the most prevalent, chronic musculoskeletal conditions - hip osteoarthritis. This project will be embedded within our new clinical trial comparing two exercise programs for people with hip osteoarthritis. The scope of the project is negotiable and may include research understanding mechanisms underpinning therapeutic effects of exercise for people with hip osteoarthritis. Increased knowledge on how exercise relieves hip osteoarthritis symptoms can enhance evidence-based exercise prescription for hip osteoarthritis. You will be part of an innovative team and be supervised by leaders in the field.



## Candidate

Commencing in 2020, a full-time position is available for a suitably qualified candidate with an allied health, medical, exercise or science related degree. Although full-time candidates are preferred, we may also consider part-time applicants. High-achieving applicants are encouraged to apply for a University of Melbourne scholarship. For further information about scholarships, see:

<https://scholarships.unimelb.edu.au/awards/graduate-research-scholarships>



## Work environment

The Centre for Health, Exercise and Sports Medicine (CHESM) is a multidisciplinary research Centre within the University of Melbourne. Our main research focus is on the role of conservative strategies, particularly exercise, in promoting overall health and wellbeing and in preventing and managing the public health problems that are currently facing society. A particular focus is the prevention and management of musculoskeletal conditions such as osteoarthritis. The Centre is world renowned for its contributions to musculoskeletal research and has strong collaborations nationally and internationally, making it an ideal choice for a higher research degree.



## Next steps

For further information and eligibility:

Link for MPhil: <https://study.unimelb.edu.au/find/courses/graduate/master-of-philosophy-mdhs-health-sciences/>

Link for PhD: <http://mdhs-study.unimelb.edu.au/degrees/doctor-of-philosophy/entry-requirements#entry-requirements>

**MORE INFORMATION:**  
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