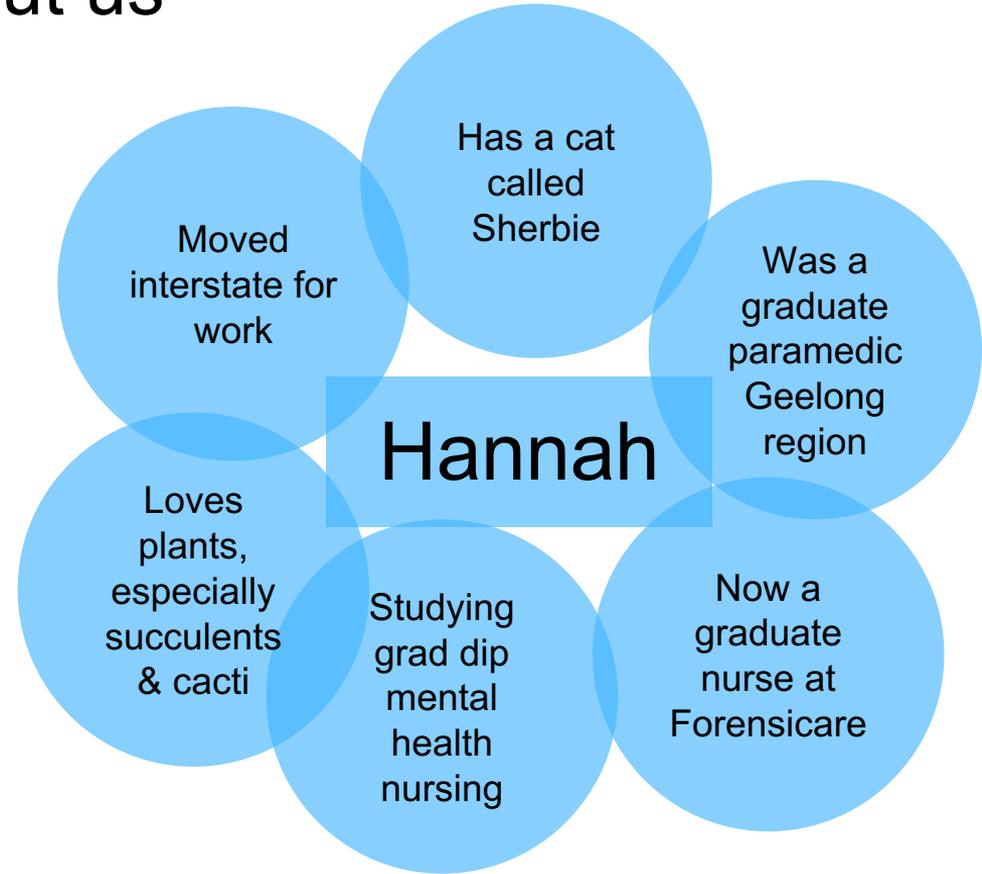
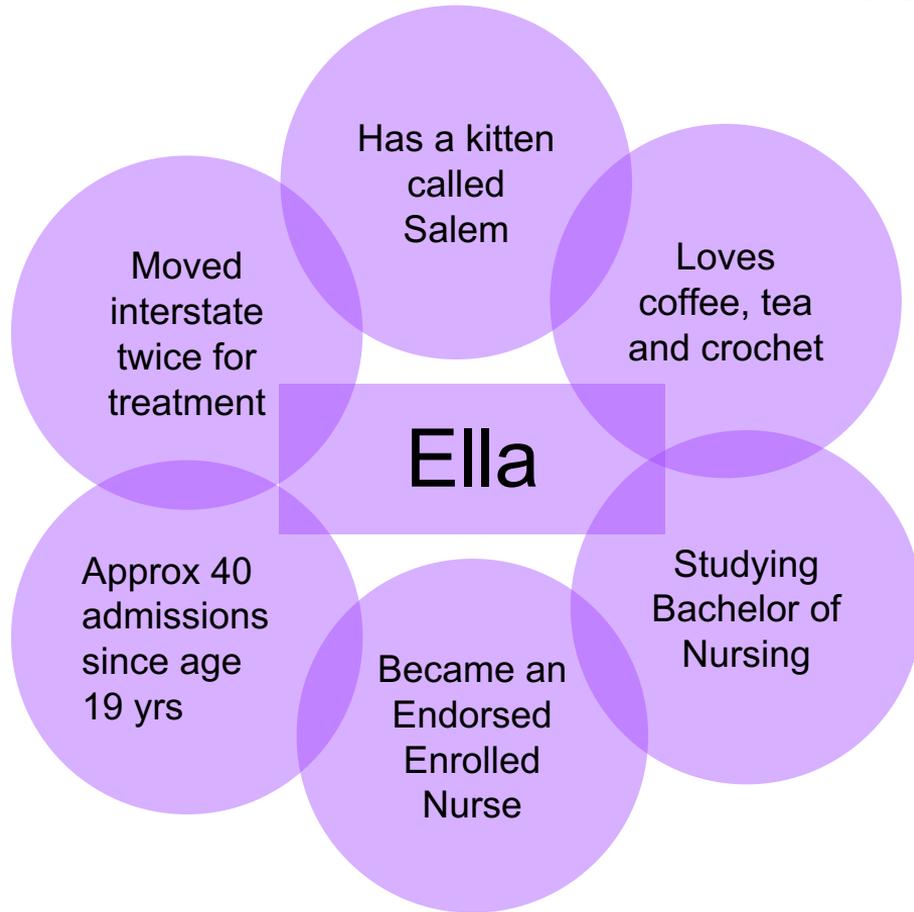


Reflections on Advance Statements in Recovery

When personal and professional worlds collide

About us



Before the advance statement...

“I have no idea what’s happening
and you’re not listening to me”

“I don’t need or deserve
treatment, just let me go home”

“I’m not sure what to do, but no
one else seems sure either and
that scares me”

afraid powerless helpless stressed

What is in the advance statement ?

medication

presentation

preferences

practical info

vegetarian

restrictive
interventions

ECT

goals

legal

contacts



Stages of illness

'Traffic light'
framework

Challenges & Obstacles

process of creating it

disputing it when unwell

accessing it

practical info

lack of interest

practical obstacles

'specialist treatment'

memory of being unwell

will I relapse?

is it really necessary?

What is our experience now?

continuity of care

easier to explain the situation

shorter, less frequent
admissions, faster treatment

easier to advocate for treatment

understanding what
treatment will involve

more confident being
nominated person

still confusing when unwell

more prepared for relapse

supported the way I want to be

more confident to
give and seek feedback

How has this impacted our nursing practice?

empathy for
'difficult'
family &
carers

recognising
non-family
carers

Interest in
educating
colleagues
about eating
disorder
treatment

empathy for
"difficult"
patients

looking for
patients
advance
statements
& reading
them

recognising
what we don't
know

realising
that
everyone
has an
individual
'crisis point'

Less
judgement
based on
appearance

Talking to
patients and
colleagues
about
creating
advance
statements

What we would like to see in the future...

Support before reaching 'crisis point'

Easier process to create an Advance Statement

Consideration of Advance Statements in every area of health care

Treatment guided by Advance Statements in non-specialist units

More education at every level

Actively seeking consumer feedback

Further Information

- CEED (Centre Excellence in Eating Disorders)
- InsideOut Institute - Excellent resources for clinicians including policies
- The Butterfly Foundation
- The Eating Disorders Foundation of Victoria

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Questions?