

Stuttering Clinic

About this clinic

The Stuttering Clinic at the University of Melbourne is a clinical service for children, adolescents and adults who stutter. It runs throughout the year on a Monday and Tuesday.

Clients can expect evidence-based, high quality care. At various points in the year, therapy is delivered by Master of Speech Pathology students from The University of Melbourne, under the supervision of a qualified Speech Pathologist.

Who is this clinic for?

The clinic is for people of all ages who stutter.

How this clinic is run

The clinic is run weekly on a Monday or Tuesday. We provide a comprehensive assessment and a written report. Student speech pathologists are supported by an expert clinician throughout the appointment. The clinician may be in the room with you, along with the student, at some points throughout the appointment.

We provide one of two evidence-based intervention programs:

The Lidcombe Program was designed for children who stutter and is based on behavioural reinforcement whereby the child is praised for stutter-free speech and gently corrected for stuttered speech.

The Lidcombe Program is a parent delivered treatment which is completed daily in the child's home environment. This is supplemented by weekly clinical visits. The aim of the treatment is for the child to eliminate or minimise their stuttering.

The Camperdown Program is a speech restructuring treatment designed for adolescents and adults who stutter. Within this program, clients are taught a fluency enhancing technique which enables them to minimise stuttering. This technique is gradually shaped toward natural sounding speech. Once this is achieved, clients begin to practice using the technique in everyday situations. At this point, the speech pathologist works with the client to maintain consistent use of their technique.

Initial appointments are for up to 60 minutes and general focus on assessment and getting to know the client's needs. Subsequent appointments are for up to 45 minutes.

Do I need a referral?

No. You can make an appointment directly.

How do I make an appointment?

You can complete our [access form](#) to see if our clinic is suitable for your needs and we will contact you. Or, contact the University of Melbourne Audiology and Speech Pathology Clinic on

T: 03 9035 5333

E: aud-reception@unimelb.edu.au

What are the fees?

For initial appointments (assessment): \$150

For each subsequent appointment: \$100. The number of sessions required varies between individual clients. The Speech Pathologist will discuss this with you.

Fees will need to be paid on the day of the appointment. You may be able to access private health insurance rebates for some of the cost of the appointments if your health insurance covers this.