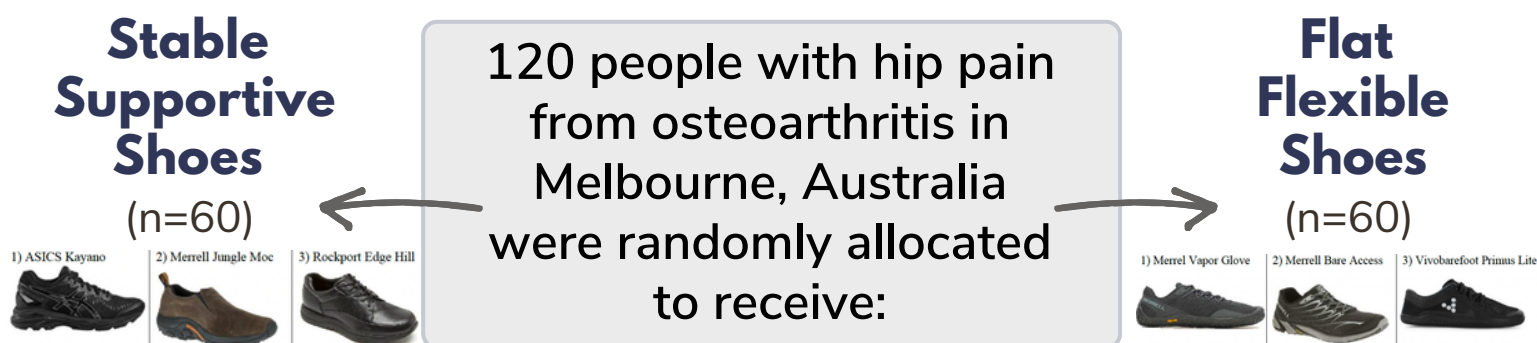


Shoes for self-managing hip osteoarthritis pain:

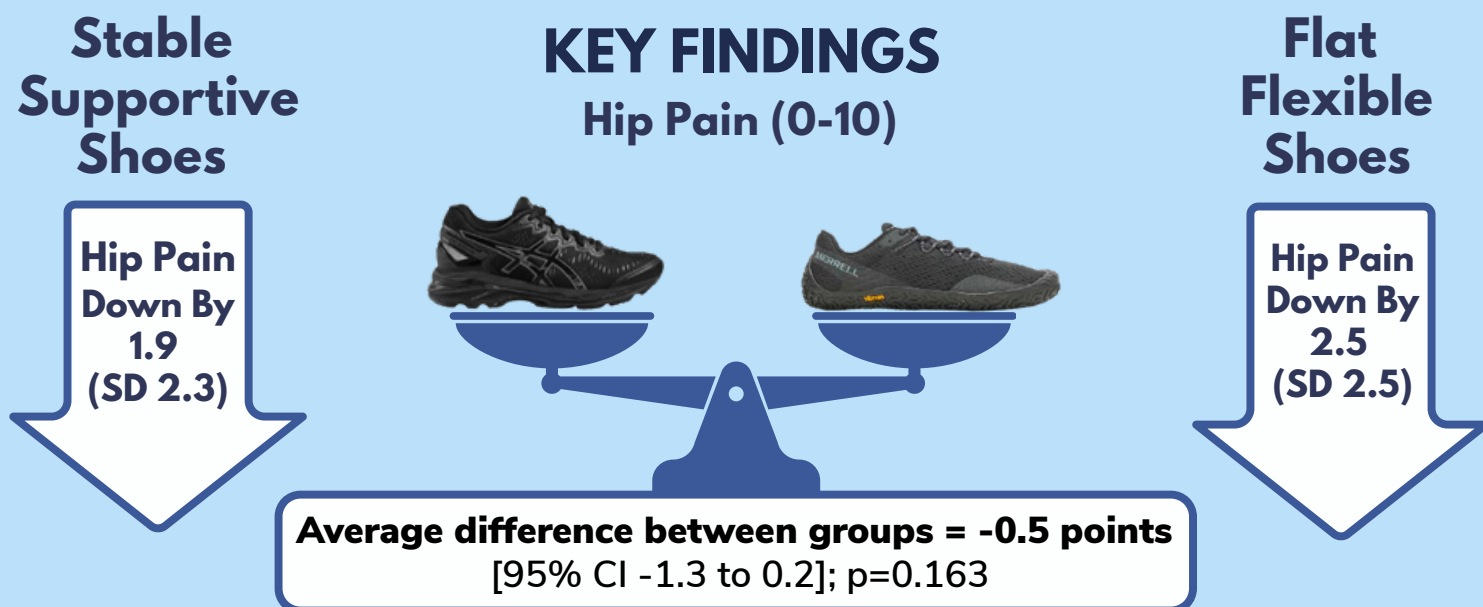
SCHIPP Randomised Clinical Trial



Aim: to evaluate whether wearing stable supportive shoes is superior to wearing flat flexible shoes for hip pain.



Participants were instructed to wear the allocated shoe type for at least 6 hours per day for 6 months.



Stable supportive shoes were NOT superior to flat flexible shoes for improving hip pain.