



THE UNIVERSITY OF
MELBOURNE

Centre for Health, Exercise and Sports Medicine
Department of Physiotherapy

Doctor, what is best for my knee? Exercise or surgery?



Professor Ewa Roos

Head of Research Unit for Musculoskeletal Function and Physiotherapy at University of Southern Denmark, and Honorary Professorial Fellow at University of Melbourne.

Total knee replacement is considered to be an effective treatment for end stage knee osteoarthritis, however there is little high-quality evidence supporting this procedure. Ewa presents results from a ground breaking randomized controlled trial on total knee replacement, just published in New England Journal of Medicine, October, 2015.

Wednesday 25th November 3.30-4.30pm,
Theatre 2, Alan Gilbert Building

Ewa is a leader in the field of osteoarthritis research, and is a member of the Osteoarthritis Research Society International (OARSI) Clinical Guidelines Committee, and a major contributor to developing evidence-based clinical guidelines for osteoarthritis for the Swedish National Board of Health and for the Danish Authority of Medicine and Health. Her research focus is on osteoarthritis resulting from lower extremity injury and on outcomes methodology.

This presentation is proudly hosted by the Centre for Health, Exercise & Sports Medicine, The University of Melbourne on behalf of the NHMRC Centre for Research Excellence in Translational Research in Musculoskeletal Pain.



NHMRC Centre of Research Excellence
TRANSLATIONAL RESEARCH
IN MUSCULOSKELETAL PAIN
CLOSING THE EVIDENCE-PRACTICE GAP

All welcome. No RSVP required.