



Thriving through change 2022 collab



PROGRAMME

11 - 12 AUGUST 2022



@CMHNUnimelb
#COLLAB2022

DAY 1 - Morning

DAY 1 - Midday

DAY 1 - Afternoon

DAY 2 - Morning

DAY 2 - Midday

DAY 2 - Afternoon

Free wifi available via: **MVRC-Free-Wifi**

Event Co-Hosts



**The Collab thanks our major sponsors
and the following organisations**



DAY 1 - Morning | Thursday 11 August

★ First Time Presenter

Thriving through change

7.45am **Registration/Sign In**

The Market Place

8.40am **Welcome to Country & Smoking Ceremony**

The Celebrity Room

Uncle Perry Wandin, Warundjeri Elder

9.40am **Opening address**

The Celebrity Room

Bridget Hamilton, Chair The Collab Committee

9.50am KEYNOTE

What I learnt about change from my email inbox through COVID

The Celebrity Room

Bronwyn Tarrant

10.35am Morning Tea Break

The Market Place

Special Event: Nursing Students Unite

Kylie Boucher

Block	Start time	Plenary Space The Celebrity Room	Break Out 1 Mounting Yard	Break Out 2 Valley View	Break Out 3 Jockey Room	Wellness Room
B1	11.05am	WORKFORCE - EDUCATION Train the trainer programs - building workforce capability Jo Stubbs	SAFETY (WARDS) Reducing restrictive interventions in youth mental health through simulation training ★ Susan Isherwood & Rachel Tolan	NURSES WELLBEING - CLINICAL SUPERVISION Embedding clinical supervision within an area mental health service, reflection on the elements that provided strength and sustainability Stuart Wall & Janine Davies	WORKFORCE - INNOVATIONS Creating a culture of safety in mental health: a systems thinking approach Tom Wilson & Jo Clayton	
B2	11.30am	THERAPEUTIC PRACTICE The missing middle ★ Tanya Cottrell & Julia McCurry	SAFETY (WARDS) Safewards refresh Francis McNamara & Emma Barker	NURSES WELLBEING - CLINICAL SUPERVISION How we are creating change - a video series documenting the journey so far - Clinical Supervision for Mental Health Nurses: A framework for Victoria ★ Rebecca Helvig & Kate Thwaites	WORKFORCE - INNOVATIONS Experiences from the first MH/AOD Hub ★ Kim Gallaher	Paws the Pressure Delta Therapy Dogs

DAY 2 - Afternoon

Block	Start time	Plenary Space The Celebrity Room	Break Out 1 Mounting Yard	Break Out 2 Valley View	Break Out 3 Jockey Room	Wellness Room	
B3	11.55am	THERAPEUTIC PRACTICE <i>A co-led research study exploring consumer experiences of chronic disease</i> Timothy Brown	SAFETY (WARDS) <i>Safewards- Relaunching, Maintaining & Planning for the Future</i> ★ Nicola Cowling & Jennifer McCausland	NURSES WELLBEING - CLINICAL SUPERVISION <i>Clinical Supervision e-learning - an introductory, cross discipline package</i> Jo Stubbs	WORKFORCE - INNOVATIONS <i>Specialised rotations for novice learners</i> ★ Kim Cabral, Tejinder Pal & Regina Cai	 <i>Paws the Pressure</i>	
B4	12.20pm	THERAPEUTIC PRACTICE <i>Identifying staff attitudes and perceptions towards mental health consumers who use substances across an area mental health service</i> Marcie Regester	SAFETY (WARDS) <i>Towards elimination of restrictive practices</i> Annette Woodhouse, Claire Conlon & Annette Mercuri	NURSES WELLBEING - CLINICAL SUPERVISION <i>Clinical supervision: closing the gap between the ideal vs reality through effective implementation</i> Hosu Ryu	Workforce - Change <i>Time for change: Educating undergraduate nursing students using mental health simulation</i> Louise Alexander & Kim Foster	Delta Therapy Dogs	
	12.40pm	<i>Lunch</i>				The Members Lounge	
	1.40pm	<i>Major Sponsor Introduction - Australian Nursing and Midwifery Federation (Victorian Branch)</i>					1.40-2.40pm
	1.45pm	KEYNOTE <i>Mental Health Nursing will thrive through change</i> Anna Love				The Celebrity Room Journaling with Ingrid Ingrid Jones	
	2.40pm	<i>Break</i>				The Market Place	

DAY 1 - Afternoon | Thursday 11 August

★ First Time Presenter

Thriving through change

Block	Start time	Plenary Space The Celebrity Room	Break Out 1 Mounting Yard	Break Out 2 Valley View	Break Out 3 Jockey Room	Wellness Room
B5	3.05pm	THERAPEUTIC PRACTICE <i>Facilitating Groups as an Enrolled Nurse</i> ★ Shaina Serelson & Cally Robertson-Snow	NURSES WELLBEING - SUPERVISION <i>Clarity, closure, and catharsis: students discuss mental health placement online drop-in support during Pandemic</i> <i>Code Brown</i> ★ Deborah Chew, Fern Yong, Abhishek Shiwakoti, Talal AlAryan & Bronwyn Tarrant	NURSES WELLBEING - RESILIENCE <i>Rostered clinical group supervision at an adult inpatient mental health unit: findings from a twelve month pilot</i> ★ Euan Donley, Anita Cappello & Keith Griffin	WORKFORCE - PHYSICAL HEALTH <i>Implementation of a Victorian Equally Well Framework</i> Trudy Brown & Joanne Suggett	3.05pm - 3.40pm <i>Move and Flow</i>
B6	3.30pm	WORKFORCE - DEVELOPMENT <i>Redefining the Enrolled Nurse Profession in Mental Health with the support of a funded program</i> ★ Jodie Ten-Hoeve & Catherine Drago	GRADUATE PRESENTATION - NURSING WELLBEING <i>Experiences of current graduate nurses in Eastern Health's Mental Health Graduate Nurse Program</i> ★ Bowen Li & Taylah Dale	NURSES WELLBEING - RESILIENCE <i>The Heart of Resilience</i> Sarah Kavanagh	WORKFORCE - FORENSIC MENTAL HEALTH <i>Exploring the utility of the Nursing Process and the Clinical Reasoning Cycle as a framework for forensic mental health nurses</i> Tess Maguire	The Woodsheed
B7	3.55pm	WORKFORCE - DEVELOPMENT <i>Victorian Mental Health Enrolled Nurse Practice Network</i> ★ Oliver McDougal-Fisher & Karen Hewitt	GRADUATE PRESENTATION - LIVED EXPERIENCE <i>Behind the mask: The lived experience of a mental health nurse living with autism</i> ★ Jennifer Mosely	NURSES WELLBEING - RESILIENCE <i>Thriving into the future: Mental Health Entry-to-Practice Nurses' Outcomes</i> Kim Foster	WORKFORCE - HISTORY <i>Neurosyphilis - back to the future</i> Helen Kelly	3.45–4.05pm <i>Yoga with Samantha</i> Yoga Flame
B8	4.20pm	WORKFORCE - CO-DESIGN <i>Impact of hotel managers' leadership style & mental health literacy on staff's work related stress</i> ★ Puneet Sansanwal	THERAPEUTIC PRACTICE <i>Using DBT Skills To Reduce Distress And Promote Safety On Wards</i> ★ Tuty Poole	NURSES WELLBEING - RESILIENCE <i>Mental health nurses' experience of resilience during COVID times</i> Minh Viet Bui	WORKFORCE - HISTORY <i>50 Years a Psychiatric Nurse</i> ★ David Nicholas	4.10–4.40pm <i>Meditation with Samantha</i> Yoga Flame
	4.40pm	End of Day 1	ACMHN Members Meeting			

DAY 2 - Morning | Friday 12 August

★ First Time Presenter

Thriving through change

	8.00am	Registration/Sign In				The Market Place
	9.00am	Welcome & Acknowledgement of Country				The Celebrity Room
		Paul Healey, Health and Community Services Union (HACSU)				
	9.10am	Major Sponsor Introduction Barwon Health				The Celebrity Room
	9.15am	KEYNOTE: <i>I can see clearly now the pain has gone... ...reflecting, reworking, regrouping, reviving, refreshing, renewing and thriving... A super story about super-vision</i> Rebecca Corbett				The Celebrity Room
Block	Start time	Plenary Space The Celebrity Room	Break Out 1 Mounting Yard	Break Out 2 Valley View	Break Out 3 Jockey Room	Wellness Room
B9	10.05am	THERAPEUTIC PRACTICE <i>Early career mental health nurses' emotional experiences in specialist eating disorder units, Victoria, Australia</i> Hosu Ryu	THERAPEUTIC PRACTICE <i>Walk-in family therapy: Families driving the change they want, at the time they want it</i> Nicholas Barrington & Lynda Moore	LIVED EXPERIENCE <i>Co-design - Towards partnering with Consumers and Family/Carers</i> ★ Deb Carlon & Beth Dunlop	WORKFORCE <i>Utilising a mixed nursing graduate program to support recruitment and retention</i> ★ Stuart Wall, Samantha Cullinan & Janine Davies	10.05–10.30am <i>Meditation with Samantha</i> Yoga Flame
B10	10.30am	THERAPEUTIC PRACTICE - YOUTH MENTAL HEALTH <i>The Health and Wellbeing Impact of Adverse Childhood Experiences (ACEs)</i> Daniel Darmanin	Therapeutic Practice <i>MH Nurses' attitudes towards mental illness & recovery-oriented practice in the acute inpatient psychiatric units: A non-participant observation study</i> Anju Sreeram	LIVED EXPERIENCE <i>Reducing Compulsory Treatment in Victorian mental health community services, using a co-design methodology and quality improvement science</i> Julie Anderson, Gemma Olsen & Kate Thwaites	WORKFORCE <i>How do you get 100 Post Graduate Nurses into a Mini Clubman?</i> Brian Jackson & Nigel Toomey	10.30–11.00am <i>Yoga with Samantha</i> Yoga Flame
	10.50am	Morning Tea Break				The Market Place

DAY 2 - Midday | Friday 12 August

★ First Time Presenter

Thriving through change

Block	Start time	Plenary Space The Celebrity Room	Break Out 1 Mounting Yard	Break Out 2 Valley View	Break Out 3 Jockey Room	Wellness Room
B11	11.20am	LIVED EXPERIENCE <i>Rising Together- lifting the lid on the experiences of family/carer lived experience workers</i> ★ Lorna Downes, Daniel Gor & Agnes Girdwood	THERAPEUTIC PRACTICE - INFANT MENTAL HEALTH <i>Early relational trauma and trust: Enhancing Practitioner and Parent response through MERTIL (My Early Relational Trust-Informed Learning) for Parents</i> ★ Jessica Opie & Jenn McIntosh	WORKFORCE - EDUCATION <i>Building AOD Capability through Clinician-Consumer Co-designed Education</i> Stuart Wall	WORKFORCE - INNOVATIONS <i>Friday Clubbin: journal club to cultivate a community of practice</i> ★ Charlotte Ross & Hosu Ryu	11.20am–12.00pm <i>Journaling with Ingrid</i> Ingrid Jones
B12	11.45am	LIVED EXPERIENCE <i>A Lived Experience of HOPE</i> ★ Rachael Sabrinskas & Jarred Robson	THERAPEUTIC PRACTICE - PERINATAL MENTAL HEALTH <i>Loss during Lockdown: Psychosocial care for women who experienced miscarriage during the COVID-19 Pandemic</i> ★ Tatiana Zecher	WORKFORCE - EDUCATION <i>Oh yeah, that is what we do - Development of a graduate nursing guide to eating disorder nursing assessments in the community</i> Sylvia Ryan		
B13	12.10pm	LIVED EXPERIENCE <i>Introducing Reflective Practice in the ED (Nurses, Nurse Educators, Consumer Academic)</i> ★ Jess McKenzie & Liz Currie	WORKFORCE - REFORMS <i>Paying students to be students? Participant reflections from the 2021 Eastern Health Pre-qualification Employment Program</i> ★ Jackson McClean & Margot Rochow	WORKFORCE - EDUCATION <i>Accelerating into Mental Health</i> ★ Glen Mangelsdorf-Collett		12.10–12.55pm <i>Intro to Acrylic Markers – Colourful Patterns with Fran</i> Laneway Learning

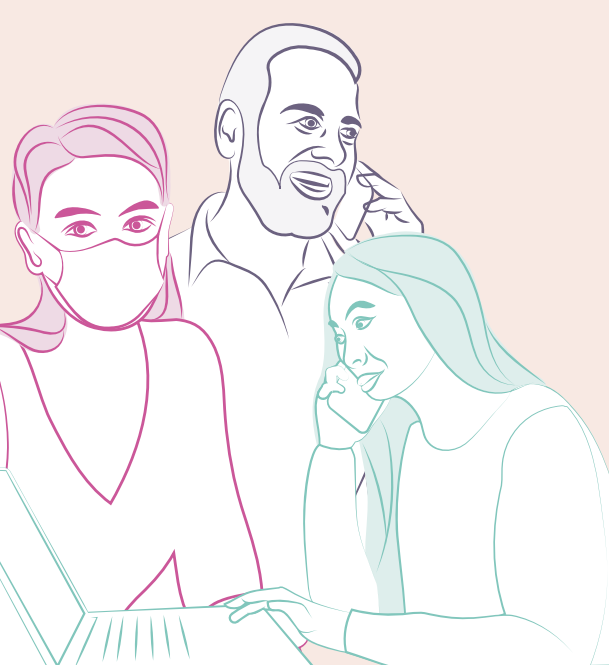
DAY 1 - Morning
DAY 1 - Midday
DAY 1 - Afternoon
DAY 2 - Morning
DAY 2 - Midday
DAY 2 - Afternoon

DAY 2 - Afternoon | Friday 12 August

★ First Time Presenter

Thriving through change

Block	Start time	Plenary Space The Celebrity Room	Break Out 1 Mounting Yard	Break Out 2 Valley View	Break Out 3 Jockey Room	Wellness Room
B14	12.35pm	<i>Consumer advocacy for borderline personality disorder</i> ★ Stephanie Jade Butigan	WORKFORCE - REFORMS <i>Sharing Information for Child Wellbeing and Safety</i> ★ Shaina Serelson & Beth Dunlop	WORKFORCE - EDUCATION <i>Implementation of the Victorian Clinical Supervision Framework for Mental Health Nurses; the second year of implementation</i> ★ Stuart Wall, Kate Thwaites & Janine Davies & Lucy Keegan		12.10–12.55pm <i>Intro to Acrylic Markers – Colourful Patterns with Fran</i> Laneway Learning
	12.55pm	<i>Lunch Break</i>				The Members Room 1.55–2.35pm
	1.55pm	<i>Major Sponsor Introduction Centre for Mental Health Learning</i>				The Celebrity Room <i>Macramé Rainbow Wall Art</i>
	2.00pm	KEYNOTE: <i>Facing change</i> Leah McKenner				The Celebrity Room Laneway Learning
	2.50pm	<i>Major Sponsor Introduction Healthscope</i>				The Celebrity Room
	2.55pm	PANEL DISCUSSION <i>What's new for mental health nursing careers in Victoria?</i> Chair: Bridget Hamilton Panellists: Brian Jackson, Jo Ryan & Rachel Tindall				2.45–3.45pm <i>Air Dry Pottery</i> Laneway Learning
	3.55pm	Major Sponsor Introduction Bouverie Centre				The Celebrity Room
	4.00pm	Awards & Closing Presentation				The Celebrity Room
	4.15pm	Cocktail Food and Drinks				The Market Place
	5.15pm	Conference Closing - Day Two				



Thriving through change 2022 collab



The Collab thanks our major sponsors and the following organisations

