

# 8th SERVICE USER ACADEMIA SYMPOSIUM

THURSDAY 15th & FRIDAY 16th  
NOVEMBER 2018

Kwong Lee Dow Building  
The University of Melbourne  
234 Queensberry Street Carlton

The 8th Service User Academia Symposium welcomes anyone involved with, interested in, or aspiring to create co-produced and/or service user-led projects or programmes in mental health and addiction.



# KEYNOTE SPEAKERS

## Guilaine Kinouani



Guilaine is a feminist, an equality consultant and three times award nominated writer in the

final stages of her Doctorate in Clinical Psychology. Before this, she completed a degree in Cultural Studies and studied Counselling Psychology after obtaining a Masters in Transcultural Mental Health. Guilaine has also completed further studies in group analysis and psychoanalysis.

Professionally, Guilaine has worked with some of the most marginalised and disenfranchised groups in various roles, and as a result she is particularly interested in liberatory, radical and critical psychology and in more socially informed approaches to working with people in distress. Guilaine has been engaged in developing more socio-politically informed psychological models of formulation and intervention rooted in the lived experience of the oppressed and marginalised.

In her article *Epistemic Homelessness*, and TEDx Talk Guilaine explores the complexities of attempting to craft a sense of home and belonging within alienating and oppressive social systems and, the impact of such experiences on the mental health marginalised groups. To find out more about Guilaine's work please visit [www.RaceReflections.co.uk](http://www.RaceReflections.co.uk)

## Shannon Calvert



Shannon is a passionate advocate for people who experience mental health issues, having

experienced an eating disorder for nearly thirty years, she dedicates her time to raising awareness and inspiring both consumers and professionals.

Shannon sits on a range of boards, committees and working groups, and collaborates alongside organisations that aim to champion mental wellbeing. She has also presented oral papers at local, national and international conferences (both general mental health and eating disorder-specific) on topics such as the importance of compassion in involuntary treatment; consumer and carer engagement in design of policy, training and education; as well as her lived experience of an eating disorder and recovery.

Shannon currently works as a Peer mentor, Consumer Consultant and Mental Health Trainer. She has completed Cert IV in Mental Health Peer Work and is a trained Lived Experience Educator having graduated from the Valuing the Lived Experience Project (VLEP) at Curtin University.

## Brett Scholz



Dr Scholz is a Research Fellow in the Medical School at The Australian National University,

Canberra. As a critical health psychologist, he learned early on in his professional socialisation about the severe injustices perpetuated by hegemonic systems. His work with colleagues in Australia and around the world, therefore, embraces critical perspectives of health care – challenging problematic structures embedded in the health system such as sanism, gender norms, and the privileging and dominance of biomedical knowledge. Seventeen of his thirty-two publications to date explicitly call for greater consumer leadership within the mental health sector, and in all his publications he seeks to redress power imbalances, and continues to work towards more meaningful models of co-production.

His international reputation as a tenacious scholar and collaborator has attracted high-calibre Honours, Masters, and PhD students who share his passion for consumer leadership. He recently won the 2018 The MHS Early Career Researcher Defined by Excellence Award for his work in consumer leadership of the mental health sector.

# DAY 1: THURSDAY 15 NOVEMBER

# PROGRAM

08:30 AM	<b>REGISTRATION</b>		
09:00 AM	<b>WELCOME TO COUNTRY</b>		
09:30 AM	<b>SUAS COMMITTEE WELCOME</b> Cath Roper		
10:00 AM	<b>KEYNOTE SPEAKER</b> Guilaine Kinouani <i>Injustice: the root cause of psychological distress?</i> <b>Chair:</b> Cath Roper		
11:00 AM	<b>MORNING TEA</b>		
	<b>THEATRE</b>	<b>ROOM 1</b>	<b>ROOM 2</b>
11:30 AM	<b>Chair:</b> Lyn Mahboub	<b>Chair:</b> Cath Roper	<b>Chair:</b> Kath Sellick
	<i>Consumer Academic Program at the University of Melbourne</i> <b>Cath Roper, Krystyn Smale, Hamilton Kennedy, Daniel Pintado, Vrinda Edan &amp; Wanda Bennetts</b>	<i>Moving towards person centred virtue ethics in mental health practice</i> <b>Bé Aadam</b>	<i>Service user-led development, delivery and evaluation of a contact-based mental health training programme for the Police</i> <b>Rachel Tester</b>
12:00 PM	<i>What counts as knowledge, and Whose knowledge counts?</i> <b>Liz Brosnan</b>	<i>Resistance and replication of epistemic injustices within academia: Reflections of two PhD students</i> <b>Aimee Sinclair &amp; Sophie Ridley</b>	<i>Service user-led education to counter Police stereotypes, prejudice and discrimination associated with mental distress</i> <b>Jeremy Tumoana</b>
12:30 PM	<i>Borderline personality disorder and the lived experience of being known</i> <b>Jen Maries</b>	<i>How 'lived experience' in the context of lived experience mental health roles is defined - what experience counts and how much is enough?</i> <b>Helena Roennfeldt &amp; Dr Louise Byrne</b>	<i>Service user-led education programme to counter healthcare provider stereotypes, prejudice and discrimination associated with mental distress</i> <b>Dasha Fedchuk</b>
1:00 PM	<b>LUNCH</b>		
01:45 PM	<b>ALL 5 MIN IGNITE SESSIONS</b> <b>Chair:</b> Vrinda Edan		
2:15 PM	<b>Chair:</b> Vrinda Edan	<b>Chair:</b> Brian McKenna	<b>Chair:</b> Cherie McGregor
	<i>Wrecking Ball: demolishing the seclusion room or unravelling the self?</i> <b>Daniela Davis</b>	<i>Do peer-support principles developed for mental health service users apply to carers of people with dementia?</i> <b>Dr Louise Byrne</b>	<i>Consumer perspectives on how the therapeutic alliance facilitates personal recovery</i> <b>Shifra Waks</b>
2:45 PM	<i>My treatment, safeguarding the consumer voice</i> <b>Hannah Harbinson</b>	<i>Quitlink: A randomised trial of peer worker facilitated Quitline support for smokers receiving mental health services</i> <b>Nadine Cocks &amp; Lisa Brophy</b>	<i>Mental health and Obstructive Sleep Apnea - Where the perceptions and questions of sleep quantity are erroneous, and the issue of sleep quality is unaddressed</i> <b>Sue Anderson</b>
3:15 PM	<i>Straight from the Source - Using podcasts to reduce stigma, bring the consumer voice to the forefront and highlight the value of the lived experience.</i> <b>Jeff Gavin &amp; Emma Rafferty</b>	<i>Sexual health matters; but it's more than just 'risk'</i> <b>Kristi Urry</b>	<i>Putting the well into welfare</i> <b>Lisa Archibald</b>
03:45 PM	<b>BREAK</b>		
04:00 PM	<b>Chair:</b> Krystyn Smale	<b>Chair:</b> Brenda Happell	<b>Chair:</b> Bridget Hamilton
	<i>Establishing peer support workers as members of a community-based clinical outreach team</i> <b>Gabrielle Vilic</b>	<i>Factors that support effective employment of peer roles within multi-disciplinary mental health service delivery</i> <b>Dr Louise Byrne &amp; Helena Roennfeldt</b>	<i>The "butterfly net", the brainstorm and some truly marvelous consumer research ideas</i> <b>Allan Pinches</b>
04:30 PM	<i>"From little things big things grow" – Brisbane North PHN embedding lived experience into the culture and commissioning of mental health reforms</i> <b>Paula Arro</b>	<i>Leading the Change</i> <b>Kath Sellick</b>	<i>Navigating dual consumer/researcher identities: an autoethnographic approach</i> <b>Shifra Waks, Cath Roper, Vrinda Edan &amp; Stephanie Stewart</b>

# DAY 2: FRIDAY 16 NOVEMBER

# PROGRAM

09:00 AM	<b>KEYNOTE SPEAKER</b> Shannnon Calvert <i>Healing Conversations: creating equal platforms for positive change</i> <b>Chair:</b> Lyn Mahboub		
	<b>THEATRE</b>	<b>ROOM 1</b>	<b>ROOM 2</b>
10:00 AM	<b>Chair:</b> Lyn Mahboub	<b>Chair:</b> Bridget Hamilton	<b>Chair:</b> Brett Scholz
	<i>Valuing Lived Experience Project: Lived experience involvement in teaching - challenges and transformations</i> <b>Lyn Mahboub, Robyn Martin, Stuart Youngson &amp; Patricia Tran</b>	<b>African Drumming Workshop</b>	<i>Peer advisors and homelessness outreach work: Unpacking issues of social justice</i> <b>Emma Tseris, Mark Morel, Melissa Gooley &amp; Daryl Smith</b>
10:30 AM			<i>Aspiring to allyship</i> <b>Priscilla Ennals</b>
11:00 AM	<b>MORNING TEA</b>		
11:30 AM	<b>Chair:</b> Robyn Martin	<b>Chair:</b> Wanda Bennetts	<b>Chair:</b> Brian McKenna
	<i>Sick leave and workplace wellbeing for peer support workers</i> <b>Patricia Tran</b>	<i>Consumers shaping mental health nursing education: Findings from the CoMMUNE project</i> <b>Brenda Happell</b>	<i>The right to be heard - A collective journey of action based co-production from research to dissemination and beyond. A review of independent mental health advocacy in England</i> <b>Stephanie de la Haye</b>
12:00 PM	<i>Economic Justice: The Evolution of Consumer Payments</i> <b>Kathy McCormick</b>	<i>My Three Experiences of Co-Producing University Curricula</i> <b>Julia Bocking</b>	<i>Learnings from doing a co-produced evaluation of the Independent Mental Health Advocacy (IMHA) service by consumer evaluators and RMIT University academics</i> <b>Matthew Dale &amp; Brendan Johnson</b>
12:30 PM	<b>LUNCH</b>		
01:15 PM	<b>KEYNOTE SPEAKER</b> Brett Scholz <i>Birds of a feather?: Service users and allies flocking together</i> <b>Chair:</b> Brenda Happell		
02:15 PM	<b>Chair:</b> Vrinda Edan	<b>Chair:</b> Lorna Downes	<b>Chair:</b> Teresa Kelly
	<i>You don't know what you don't know....</i> <b>Tanya Lewis</b>	<i>Valuing Lived Experience Project: Lived experience in teaching - looking back and moving forward</i> <b>Stuart Youngson &amp; Patricia Tran</b>	<i>Comparison of further research capability expansion and strengthening: Aboriginal &amp;/or Torres Strait Islander Academics and Lived-Experience Academics</i> <b>Chris Platania-Phung</b>
02:45 PM	<i>The problem with consumer leadership</i> <b>Stephanie Stewart</b>	<i>Creating a nest for lived experience to inform teaching and learning: Reflections on the first 6 months</i> <b>Katie Owen &amp; Tane Rangihuna</b>	<i>Short film screening: Madness Sans Frontieres</i> <b>Julia Bocking</b>
03:15 PM	<b>BREAK</b>		
03:30 PM	<b>PLENARY SESSION</b> Wrap up & Sarah Gordon Award		
04:30 PM	<b>Chair:</b> Cath Roper		