

MORNING SESSIONS

09:00 AM	REGISTRATION / SIGN IN			
09:45 AM	WELCOME TO COUNTRY			
10:00 AM	KEYNOTE SPEAKER		JOHN OLIFFE <i>Picturing Suicidality</i>	
BLOCK 1	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
10:35 AM	SUICIDE Daniel Darmanin <i>Dying to be heard: Assessment and screening of externalising symptoms in male depression</i> ★	YOUTH Rachel Tindall <i>Mental health service disengagement: An individual or a systemic issue?</i> ★	WORKFORCE Pauline Brandon & Sonia Macdonald <i>Mental Health Nurse Capability Framework</i> ★	YOGA WITH NATO <i>Desk yoga to activate your energy, increase your awareness and strengthen your focus!</i>
BLOCK 2	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
11:00 AM	SUICIDE Justine Maggs, Karen Bourke-Finn & Lidia Laven <i>Perfect Partnership: Paramedics and Psychiatry. The Innovation of PROMPT</i> ★	CHILD & FAMILY Jenny (Li) Gan <i>Literature Review on Perinatal Depression among Women with Migrant Background</i> ★	Q&A SESSION John Oliffe <i>(limited places)</i>	DELTA THERAPY DOGS <i>Visit with a Delta Therapy Dog & their lovely spontaneous selves (limited places)</i>
11:20 AM	MORNING TEA			NURSING STUDENTS UNITE! <i>Meet and greet session for nursing students & 2020 Student Pass Winners</i>
BLOCK 3	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
11:35 AM	RESILIENCE Kim Foster <i>Victorian mental health nurses' stories of resilience in practice</i>	THERAPY Debbie Prout <i>Nurses as Therapists: The dual role as a nurse and therapist in a community based child and youth eating disorder program</i>	WORKFORCE Stuart Wall, Janine Davies & Kate Thwaites <i>A 12 Month Implementation Pilot of the Victorian Clinical Supervision Framework for Mental Health Nurses</i>	KAMI ORIGAMI <i>with Chieko Yamzaki Hester (limited places)</i>
BLOCK 4	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
12:00 PM	RESILIENCE Cameron Marshman <i>The true cost of working with compassion: Compassion fatigue in mental health nurses</i> ★	COURT & PRISONER HEALTH Onder Mete & Kellie Holopainen <i>Mental Health Advice and Response Service – Your friends at the cour</i> ★	ACUTE/MENTAL HEALTH INTENSIVE CARE Kate Thwaites, Julie Anderson, Frances Sanders & Shingai Mareya <i>Mental Health Intensive Care - Creating a culture of engagement</i>	COFFEE CATCH UP
BLOCK 5	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
12:25 PM	RESILIENCE Jessica Naqqash, Eloise Scott & Katherine Mubaira <i>Introduction of Mental Health Cadet Program- Review of Competence and Confidence of Undergraduate Nurses Entering the Mental Health Workforce</i> ★	COURT & PRISONER HEALTH Tess Maguire & Courtney Dunn <i>Model for understanding inpatient aggression-version for prison mental health services</i>	SENSORY INTERVENTION Theresa Meiklem, Brigid Hodgetts, Mary Hayton & Anna Bendell <i>Growing Together</i> ★	COFFEE CATCH UP
BLOCK 6	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
12:50 PM	RECOVERY Shelley Anderson & Andrew Foster <i>Discovery College: Bringing a Recovery College into acute and community based clinical services (Themes: Innovative Practice; Recovery Oriented Practice)</i> ★	COURT & PRISONER HEALTH Naushi Manzoor & Erik Meurs <i>COVID 19 Prison Response: Mental Health Nurse Practitioner Led Clinic to support women prisoners during protective quarantine</i> ★	REDUCING RESTRICTIVE INTERVENTIONS Eimear Muir-Cochrane <i>A wicked problem: towards a definition of chemical restraint</i>	COFFEE CATCH UP
01:10 PM	LUNCH & LIVE MUSIC		PIGEON PRESENTS	

AFTERNOON SESSIONS

01:50 PM	KEYNOTE SPEAKER			CATH ROPER <i>Turning 21 - Reflections on the past, hopes for the future</i>
BLOCK 7	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
02:25 PM	RECOVERY Justine Palmer & Beth Clark <i>Working Towards Recovery</i>	GRADS: WORKING WITH LIVED EXPERIENCE COLLEAGUES Sandra Alexander <i>The significance of lived experience in mental health; consumer, carer and clinician</i>	REDUCING RESTRICTIVE INTERVENTIONS Eimear Muir-Cochrane <i>How service providers and consumers experience chemical restraint: A systematic review of qualitative studies</i>	KAMI ORIGAMI <i>with</i> Chieko Yamzaki Hester <i>(limited places)</i>
BLOCK 8	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
02:50 PM	YOUTH/SCHOOL Dean McCaughan <i>Effective treatment of student school refusal – A whole community approach</i>	GRADS: SUPPORTED DECISION MAKING Luke Edgell <i>Aiding Autonomy: Barriers and enablers to Supported Decision-Making</i>	CONSUMER SAFETY Randolfo Obregon & Kate Day <i>Sexual Safety in Victorian mental health acute inpatient settings</i>	YOGA WITH NATO <i>Desk yoga to activate your energy, increase your awareness and strengthen your focus!</i>
BLOCK 9	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
03:15 PM	EATING DISORDERS Loida Dimapilis Kannah, Helen Kelly & Georgia Borrack <i>Innovation and adaption for an eating disorder outpatient program</i>	PHYSICAL HEALTH Trentham Furness, Vesna Dempster, Alexis May, Trudy Brown & Kim Foster <i>Improving physical health: A Health Improvement Profile in adult acute inpatient settings</i>	REDUCING RESTRICTIVE INTERVENTIONS Antony Mullen <i>The Safewards model of care: A literature review</i>	COFFEE CATCH UP
BLOCK 10	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
03:40 PM	CONSUMER SAFETY Sharon Williams <i>How a Consumer Lived Experience worker led the re-write of the Chief Psychiatrist's Sexual Safety Guideline – Process, challenges, controversies, learnings and reflections</i>	PHYSICAL HEALTH Katharine Davies, Paul Pollard & Bonnie Hall <i>Using the Physical Health Consumer Self-Assessment Form to develop a Healthy Living Group at a Prevention and Recovery Care (PARC) Unit.</i>	REDUCING RESTRICTIVE INTERVENTIONS Rachel Gwyther & Tracey Harmer <i>Utilising the Safewards Model in a clinical supervision framework to reflect on practice and embed culture change</i>	MEDITATION Moksha Movement <i>(limited places)</i>
04:00 PM	COCKTAIL HOUR University House will be wrapping up day 1 of the conference with a Gin Cocktail Class			
04:30 PM	CLOSE OF DAY 1			

MORNING SESSIONS

09:45 AM	WELCOME – DAY 2			Ms Harriet Shing MP – Parliamentary Secretary for Mental Health
10:00 AM	KEYNOTE SPEAKER			Anna Love <i>COVID19 2020 The year that we will never forget, but what have we learned?</i>
BLOCK 11	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
10:35 AM	RECOVERY Adrienne Lipscomb <i>A story of Aboriginal intergenerational resilience</i>	CHILD & FAMILY Shelley Anderson & Alice Morgan <i>Supporting parents and children during a hospital stay</i>	SUPPORTED DECISION MAKING Emma Bohmer & Kaaren Dahl <i>Complaints, driving choice for consumers</i>	YOGA WITH NATO <i>Desk yoga to activate your energy, increase your awareness and strengthen your focus!</i>

MORNING SESSIONS

BLOCK 12	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
11:00 AM	<p>RECOVERY Kunasagaran Marimuthu & Bradley Morton <i>How has the Support Group made an impact on client's recovery at East Bentleigh Community Care Unit, Monash Health</i></p> <p>★</p>	<p>CHILD & FAMILY Fiona Morris & Catalina Tulande <i>Mental Health Nurses in Primary Schools? What can we do?</i></p> <p>★</p>	<p>SUPPORTED DECISION MAKING Vrinda Edan <i>Bringing Advance Statements to life: The experiences of consumers</i></p>	<p>COFFEE CATCH UP</p>
11:20 AM	MORNING TEA			
BLOCK 13	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
11:35 AM	<p>RECOVERY Anju Sreeram <i>Effect of recovery-based interventions on knowledge and attitudes of mental health professionals, including mental health nurses regarding recovery-oriented practice: A quantitative narrative review</i></p>	<p>PHYSICAL HEALTH (YOUTH) Sheeraj Moorolia & Samantha Dunham <i>Bala Clinic – Implementing a Physical Health Clinic in a Regional Child & Adolescent Mental Health Service</i></p> <p>★</p>	<p>CULTURALLY AND LINGUISTICALLY DIVERSE Shurong Lu <i>Cultural adaptation of the mental health first aid guidelines for depression used in English-speaking countries for China: A Delphi expert consensus study</i></p>	<p>KAMI ORIGAMI <i>with Michael Assis (limited places)</i></p>
BLOCK 14	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
12:00 PM	<p>WORKFORCE Lorna Downes & Philippa Hemus <i>Codesigning Lived Experience Workforce Collaborative Structures during a Pandemic</i></p> <p>★</p>	<p>PHYSICAL HEALTH (YOUTH) Sylvia Ryan <i>Development of Clinic Practice Nurse role within headspace Youth Early Psychosis program</i></p> <p>★</p>	<p>CULTURALLY AND LINGUISTICALLY DIVERSE Reshmy Radhamony <i>Nursing Education to enhance Culturally and Linguistically Diverse (CALD) community access to mental health services in Victoria</i></p> <p>★</p>	<p>TABOO TRIVIA Ham & Rory <i>Strap yourselves in for a wild quiztastic ride! (limited places)</i></p>
BLOCK 15	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
12:25 PM	<p>WORKFORCE Randolfo Obregon, Julie Anderson & Kate Thwaites <i>The impact of shared power within the Office of the Chief Mental Health Nurse – Combining nursing, consumer and carer and public service knowledge and expertise to design and translate policy</i></p>	<p>PHYSICAL HEALTH (YOUTH) Annie Tran Nguyen <i>Implementing a physical health intervention for young people with Dual Disability</i></p> <p>★</p>	<p>eHEALTH Paula Duffy <i>Regional community mental health nurses experience and understanding of e-Mental Health</i></p> <p>★</p>	<p>DELTA THERAPY DOGS <i>Visit with a Delta Therapy Dog & their lovely spontaneous selves (limited places)</i></p>
12:45 PM	LUNCH & LIVE MUSIC Cam and The Ambrose with Special Guest Rudi from Russia			

AFTERNOON SESSIONS

01:30 PM	KEYNOTE SPEAKER Matt Ball <i>Collaboration: Authentic partnership or traitorous cooperation?</i>			
BLOCK 16	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
02:05 PM	WORKFORCE Elia Barresi, Nkathazo Nkomo, Maree Ford & Shingai Mareya <i>Clinical Nurse Consultants: supporting the workforce on inpatient units in delivering enhanced recovery orientated practice</i>	PHYSICAL HEALTH Trudy Brown & Alexis May <i>Findings from the adaptation and trial of the Health Improvement Profile in public mental health</i>	eHEALTH Rosemary Charleston, Kylie Boucher & Lorna Downes <i>Supporting Communities of Practice (CoP) and online collaboration in mental health</i>	Q&A SESSION Matt Ball <i>(limited places)</i>
BLOCK 17	STREAM 1	STREAM 2	STREAM 3	WELLNESS ROOM
02:30 PM	SPECIAL EVENT YOU CAN ASK THAT? <i>Yes. You can ask that. What have you always wanted to ask a consumer?</i> PANEL MEMBERS: Deb Carlon, Hamilton Kennedy, Fiona Nguyen, David Barclay & Vrinda Edan			MEDITATION Moksha Movement <i>(limited places)</i>
BLOCK 18				
03:10 PM	AWARDS & VIRTUAL DRINKS with live music from Cam and The Ambrose			
04:00 PM	CONFERENCE CLOSING – DAY TWO			