“Sport and Osteoarthritis: Is there a link?”

Professor Mark Batt
Director: Arthritis Research
UK Centre for Sport, Exercise and Osteoarthritis

Hon Prof Mark Batt is a Consultant in Sport and Exercise Medicine at The Centre for Sports Medicine, Nottingham University Hospitals, England.

Since 1995, he has been in Nottingham as a Consultant in Sport and Exercise Medicine at the Nottingham University Hospitals: appointed Hon Professor in 2004. He served for 2½ years as clinical director for Trauma and Orthopaedics. He is the Q-Active programme director – a workplace health and wellness programme based at The Queens Medical Centre: www.qactive.co.uk

He has served as a consultant for The England and Wales Cricket Board, The Rugby Football League, British Gymnastics and The English Institute of Sport. Since 2000 he has been a physician for The Wimbledon Tennis Championships, ATP and the WTA.

He is past-President of the Faculty of Sport & Exercise Medicine and is a past Chairman of the Specialist Advisory Committee in SEM. He chaired the work-group that produced the successful case for Sport & Exercise Medicine as a specialty of medicine (2005).

His research interests include: Overuse injuries, Osteoarthritis and Workplace Wellness. He is the Director of the Arthritis Research UK Centre for Sport, Exercise & OA, which is an international collaboration working to understand the link between exercise, injury and Osteoarthritis.

This presentation will cover the existing evidence, political and patient need, and research efforts to better understand the relationship between Sport, Physical Activity and Osteoarthritis.

EVENT DETAILS -

Date: Tuesday 7th February 2017
Time: 11:00am - 12:00pm
Venue: The University of Melbourne
Room 109 Theatre 2
Alan Gilbert Building
161 Barry Street, Carlton 3053

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